



Winter Programme

Tuesday 4th January - Friday 8th April 2011

Welcome to our new look Children's Centre's 'What's On' Programme. Inside you will find full details of all of the sessions and courses available through The RISE Children's Centres across Chippenham.

Come and visit us in The Oaks, Chippenham (The RISE Children's Centre) and in Lodge Road, Pewsham (King's Rise Children's Centre).

We also have a satellite base in Charter School.

We welcome Dads, Mums, Grandparents - any carer of a child under 5. All of our sessions and courses are FREE! If childcare is required for any of our courses we supply registered childminders free of charge.

Why not come along and see what we can offer you.

We hope to see you soon!

Come along and join the fun!

Sure Start
Children's Centres
Chippenham

RISE 01249 463040

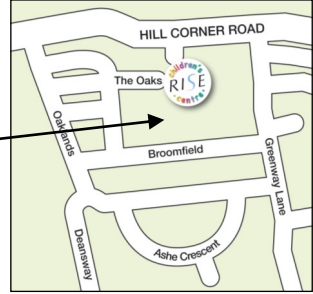
King's Rise 01249 445288

Working in partnership with

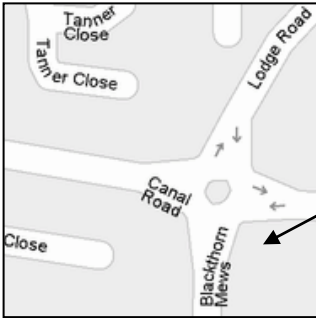
Wiltshire Council
Where everybody matters

Where to find us

The RISE Children's
Centre, The Oaks,
Chippenham, SN15 1DU
TEL: 01249 463040
e-mail:
julies@therisetrust.org

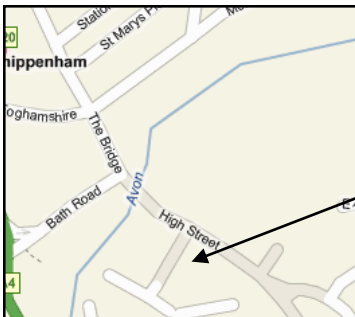
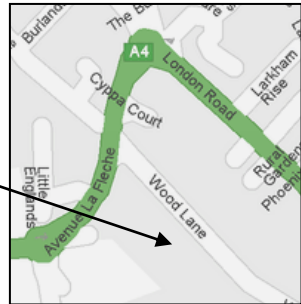


*Sing & Sign is held in St. Paul's Church Hall, Malmesbury Road, Chippenham, SN15 1PS



King's Rise Children's
Centre, Lodge Road,
Chippenham, SN15 3SY
TEL: 01249 445288
e-mail:
emmad@therisetrust.org

King's Rise Children's
Centre @ Charter
School, Wood Lane,
Chippenham, SN15 3EA
TEL: 01249 445288
e-mail:
emmad@therisetrust.org



The RISE Children's
Centres hold regular
sessions in The Need
Hall, Borough Parade,
Chippenham,
SN15 3WL

Courses at The RISE Children's Centres

The following courses have limited spaces so please call 01249 463040 or 01249 445288 to book your place. Childminders are supplied FREE for courses that require adults to attend without their children. **Please book where you see this symbol:**



ICT Course, gain an ICT qualification and meet new friends!

Adult Numeracy, gain a numeracy qualification and meet new friends!



Incredible Years Parenting (Baby) Course, this course helps to improve bonding between parent and child and also encourage parents to develop positive parenting skills to use as your child grows. Baby joins you for this course!

ABC2 & U2 Young Parent Courses, please call for more details.

Sustainable Parenting Course, a new course for families to learn about all aspects of eco-friendly, sustainable parenting. Running in both The RISE and King's Rise Children's Centres.



Early Bird+ (ASD Support), course for parents of children with Autistic Spectrum Disorder, Asperger's and ADHD.

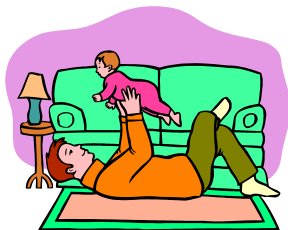
Basic Introduction to Parenting Course, a course aimed at parents with learning disabilities, learn simple, easy to remember techniques to help you become a positive parent which makes being a parent much more fun.

ASD Support Group, a support group run by parents with children on the Autistic Spectrum.

English as a Second Language, a new 5 week course helping to improve your confidence, learn new communication skills, develop your English as a Second Language and learn about how your child learns at school. Open to all parents.

Story Box, a new Family Learning Course all about stories. Come along and meet new friends and learn new skills to share with your child at home.

Letters & Sounds, a new course aimed at pre-school parents to help you understand how your child is learning and to get them ready for school.



Incredible Years Parenting (Toddler/Basic) Course, this course helps to; overcome challenging behaviour, develop an effective reward system, improve bonding between parent and child and also encourages parents in the way that they already parent.

Plan your week with the
















Please contact RISE 01249 463040 or e-mail julies@therisetrust.org



Please book

The RISE Children's Centre, The Oaks

Drop in

Monday	Tuesday	Wednesday	Thursday	Friday
Morning sessions				
<p>Adult Numeracy Learning Course</p>  <p>Dads Group (all ages welcome) 10.00-11.30am</p> 	<p>Midwife Clinic (Appointment only)</p> 	<p>Kid's Arise (all ages welcome) 9.30-11.15am</p>  <p>Dots and Tots (Under 18 months) 10.00-11.30am</p>  <p>ABC2 (Young Parents)</p> 	<p>ICT Course 9.30 -11.30am</p>  <p>4U (Young Parents) 11.00am-12.30pm</p> 	<p>Jac-a-Story (Storytime - all ages welcome) 9.15-10.45am</p>  <p>U2 (Young Parents)</p> 
Afternoon sessions				
<p>Incredible Years Baby Parenting Course 12.30-2.30pm</p> 		<p>Sing & Sign (all ages welcome) 1.30-2.30pm in St. Paul's Church Hall</p> 	<p>Sustainable Parenting Course (all ages welcome) 12.45-2.45pm</p> 	<p>Stay and Play (incl. Health Visitor drop-in clinic - all ages welcome) 1.30-2.45pm</p> 
Saturday Pitstops (Muddy Kids)				
<p>Muddy kids is held in The RISE Children's Centre, The Oaks on the following Saturdays, 9.45-11.15am:</p>  <p>5th February, 5th March, 2nd April, 14th May, 11th June, 9th July</p>				

RISE Children's Centres






or King's Rise 01249 445288 or e-mail emmad@therisetrust.org



Please book **King's Rise Children's Centre, Lodge Road**

Drop in



Monday	Tuesday	Wednesday	Thursday	Friday
Morning sessions				
<p>Music Tots (18-36 months) 9.30-10.15am</p> <p style="text-align: center;">✓</p> <p>Music Dots (0-18 months) 10.15.11.00am</p> <p style="text-align: center;">✓</p>	<p>Early Bird + (Autistic Spectrum Course)</p> <p style="text-align: center;"></p>	<p>U2 (Young Parents)</p> <p style="text-align: center;"></p>	<p>Sustainable Parenting Course (all ages welcome) 9.30-11.30am</p> <p style="text-align: center;"></p>	<p>Stay and Play (all ages welcome) 9.00-10.30am</p> <p style="text-align: center;">✓</p>
Afternoon sessions				
<p>Baby Bears Under Ones (incl. Health Visitor drop-in clinic) 1.00-2.30pm</p> <p style="text-align: center;">✓</p>	<p>Fortnightly Midwife Drop-in Clinic 2.00-3.00pm</p> <p style="text-align: center;">✓</p>		<p>ASD Support Group (please phone for full details)</p> <p style="text-align: center;"></p> <p>Basic Introduction to Parenting</p> <p style="text-align: center;"></p>	<p>SEN Music Box (incl. lunch - all ages welcome) 12.00-1.00pm</p> <p style="text-align: center;">✓</p>

The Neeld Hall, Borough Parade, Chippenham Town Centre

Neeld Hall Activities	
Tuesday	Saturday
<p>Neeld Hall Crafty Tuesday Session (incl. Health Visitor drop-in clinic - all ages welcome) 10.30-11.30am</p> <p style="text-align: center;">✓</p>	<p>Various activities will be on offer in The Neeld Hall, on the following Saturdays, 9.45-11.15am:</p> <p>15th January, 5th February, 12th March, 16th April, 21st May, 4th June, 9th July</p> <p style="text-align: center;">✓</p>

Plan your week continued

Please contact King's Rise 01249 445288 or e-mail
emmad@therisetrust.org

King's Rise Children's Centre @ Charter School, Wood Lane



Please book

Drop in

Monday	Tuesday	Wednesday	Thursday	Friday
Morning sessions				
Kid's Café (all ages welcome) 9.00-10.00am 4U (Young Parents) 11.00am - 12.30pm 	Family Learning Course - English as a Second Language 9.30-11.30am 	Story Box (all ages welcome) 9.15-11.15am 	Kid's Café (all ages welcome) 9.00-10.00am Creative kids (all ages welcome) 10.00 - 11.30am 	Incredible Years Parenting Course (FREE childcare available) 9.15-11.15am
Afternoon sessions				
		Letters and Sounds (Pre-School Parents) Time tbc 	Chit Chat (Speech and Language Support) 1.30-2.30pm 	

Is your New Year's Resolution to stop smoking?

We have our own trained smoking cessation advisor who can help make it much easier to quit.

Please call Helen for more information on 01249 445288 or e-mail helenm@therisetrust.org



The following sessions are open to drop in to - no booking required

Dad's Group, a new group starting this year for all Dads and male carers. Come along and meet other Dads while your children make friends and play.



Kid's Arise, a stay and play group run for us by our local childminders, come along and meet new friends while the children enjoy lots of play facilities and creative activities.



Dots & Tots, open to anyone with a child under 18 months, come along and let your little ones play safely with other similarly aged children while you relax and chat over coffee and cake!

4U, open to all parents and parents to be aged 25 and under, come along and chat to other young parents over lunch while the children play. Monday lunchtime at King's Rise @ Charter School and Thursday lunchtime at The RISE Children's Centre

Stay & Play @ RISE, lots of fun and stimulating play opportunities for your under fives while you relax with friends, Health Visitor drop-in clinic available every week.

Muddy Kids, our monthly Saturday morning session where exploring the outside world creates plenty of fun, stimulating learning opportunities for your under fives (and any siblings aged under 8).



Crafty Tuesday, come along and share some creative play opportunities with your little ones each week in The Needl Hall.

Saturday Pitstop, our monthly Saturday morning session held in The Needl Hall in the town centre provides lots of different activities to occupy your under fives (and any siblings aged under 8) at the weekend.



Music Tots, new music group for anyone with a child aged between 18 and 36 months.



Music Dots, new music group for anyone with a child aged under 18 months.

Sing & Sign (Held in St. Paul's Church Hall), a signing group suitable for all children aged 0-5, come along and learn some basic signs to music.

Just drop in where you see this symbol:



The following sessions are open to drop in to - no booking required

Baby Bears, our new stay and play group for anyone with a child under one, Health Visitor drop-in clinic available each week.



Stay & Play @ King's Rise, a stay and play group run for us by our local childminders, come along and meet new friends while the children enjoy lots of play facilities and creative activities.



Jac-a-Story, a fun session aimed at encouraging story telling at home, come along and learn how to read with your child including using props and making stories exciting for everyone!

SEN Music Box, a new, short music group, aimed at families of children with Special Educational Needs. Come along and meet new friends over musical activities and lunch - don't forget your sandwiches!

Kid's Café, Join us for tea, toast and toys on Monday and Thursday mornings at King's Rise @ Charter School.

Creative Kids, a new creative session open to anyone with a child under five - all the fun but no mess to clear up at home!



Chit Chat, a drop in session for anyone wanting to learn new activities to encourage your child's language and communication skills at home.

Pewsham Childminders, King's Rise Children's Centre is also the base for Pewsham Childminder's Support. If you would like to know more please contact us.

Just drop in where you see this symbol:



Midwife Clinics

Drop in midwife clinic at King's Rise, please call 01249 445288 for details and dates of the fortnightly drop in midwife clinic.

Midwife Clinic at RISE, this clinic is booking only so please speak to your midwife for more details.



Other support

We also offer support for financial advice, housing issues, healthy lifestyles and many many more so please call us for more information.